

Marcellus Community Schools

Dear Marcellus Families! Welcome to Our New Cafeteria Newsletter Series!



We're thrilled to launch a fresh way to keep our Marcellus families connected to the exciting things happening in our school cafeterias. Each month, we'll share updates, fun facts, and highlights from programs that make mealtime more than just eating—it's an experience! From Mood Boost, which pairs tasty meals with positive energy, to Global Eats, where students explore flavors from around the world, there's always something new to discover. Our Student Choice Events give kids a voice in what's served, while Discovery Kitchen turns food into hands-on learning adventures. Plus, the Fresh Fruit and Vegetable Program (FFVP) ensures students enjoy colorful, nutritious options every day. These programs are designed to nourish, inspire, and bring joy to every bite—so stay tuned for stories, tips, and ways to join the fun!

Some programs we do for nutritional education are;



Global Eats

"Nourishing Students, Inspiring Choices!"



Did You Know??

Did you know that in a garden, some fruits and vegetables start out as flowers? Halloween pumpkins start out as BIG yellow flowers!

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Trend Alert!!

Teens are Embracing the Heat

Spicy Food Preference: A study found that 77% of adolescents reported that chili pepper enhances the taste of food, and 67% consume spicy food weekly or daily.

Introduction to Spicy Foods:

Nearly 50% of consumers first encountered spicy foods during their teenage years, often introduced by parents.

UP NEXT:

Our Café's will be promoting all month long,



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