

Marcellus Community Schools Food Services Newsletter



October 2026



National School Lunch Week runs October 12th- 16th.

President John F. Kennedy created National School Lunch Week (NSLW) in 1962 to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom.

🍏 🥦 Happy National School Lunch Week! 🥕 🍓

We're proud to serve **nutritious, delicious school lunches** to our students every day! Our meals are more than just lunch—they're fuel to help our students **learn, grow, and succeed.** ❤️

Our food service team works hard to offer a variety of **fresh fruits and vegetables** every day, giving students plenty of colorful and nutritious choices. 🍊 🍇 🥒 🥕

And let's not forget our **daily entrées made with care**, many featuring **whole grain components** to help provide the energy and nutrition our students need to power through their school day! 🌱 💪

We are proud of the meals we serve and the opportunity to nourish our students each day. A big **THANK YOU** to our amazing food service staff for all they do! 🙌 ❤️

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DISCOVERY KITCHEN FUN SEED TO TABLE

This month's Discovery Kitchen theme gives kids an up-close look to see where their food comes from and how it's grown. Seed to Table is all about fresh, seasonal, and local foods. We're proud to support local farms, celebrate seasonality, and help students and families have fun growing their own vegetables and herbs.

FUN FACT!

Some vegetables commonly grown in a garden such as tomatoes, green beans, squash, and cucumbers are technically considered a fruit because they have seeds. They don't have a sweet taste like other fruit but are indeed a fruit.



CELEBRATE SCHOOL CUSTODIAN DAY

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Happy School Custodian Day!

Today we celebrate and thank our amazing custodial staff for all they do to keep our schools **clean, safe, and welcoming!**

From our **cafeterias and kitchens to classrooms and hallways**, your hard work helps keep our schools running smoothly every day.

Thank you for everything you do!

FUN DAYS THIS MONTH:

Make a Difference Day is coming up on Saturday, October 24th! It is a wonderful opportunity to give back to our community—whether through volunteering your time, making charitable donations, or simply performing small acts of kindness.



Potatoes are the world's fourth-largest food crop. There are more than 4,000 types of native potatoes. Colors like red, purple, blue, yellow and white.



Wishing all of our students, families, and staff a fun and safe Halloween! We hope your day is filled with plenty of smiles, laughter, and maybe a few treats along the way. Have a Happy Halloween from all of us in Food Service! ❤️❤️



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